

Build Your Belief



BELIEF DEFINED

1. An opinion or conviction.
2. Confidence in the truth, existence or something not immediately susceptible to rigorous proof.

“When there is no enemy within, the enemies outside cannot hurt you.”

- AFRICAN PROVERB

SELF-BELIEF

We act and produce results according to our fundamental beliefs about life.
We become what we believe.

What are my core beliefs?

Disempowering

Empowering

Reframing "shadow" beliefs



PROCESS TO SELF-AWARENESS

1. _____

2. _____

3. _____

4. _____

BELIEF IN YOUR BUSINESS

What picture do I hold in my mind, relevant to my business?

“Big thinkers are specialists in creating positive, forward-looking, optimistic pictures in their own minds and in the minds of others. To think big, we must use words and phrases that produce big, positive mental images.”

- DAVID J. SCHWARTZ

Probability Thinking

Possibility Thinking

BELIEF IN YOUR PROFESSION

Fabulous Facts

What are my beliefs relevant to the direct selling profession?

MY BIGGEST AHAS FOR THE TRAINING:

WRAP UP

MY WOW (WITHIN ONE WEEK):
